



## The All Saints Community, Arts and Youth Centre March Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The All Saints Centre only sells tickets for Film at All Saints. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre  
Friars Walk, Lewes,  
East Sussex, BN7 2LE  
01273 486391  
asclewes@lewes-tc.gov.uk  
[www.lewes-tc.gov.uk](http://www.lewes-tc.gov.uk)

## Monday

**Zumba Fitness** Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! s.e.dexter@gmail.com

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**The Voiceworks Company of Singers** If you love singing, you'll love this!  
A relaxed choir for ALL abilities. A friendly community choir with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £51 for 6 weeks, first workshop is FREE!  
Contact Haley to book 07984 014509 or visit [www.voiceworkshops.co.uk](http://www.voiceworkshops.co.uk)

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4.15pm to 8.30pm Main Hall. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

**Circus Pearls Trapeze, aerial silks and rope classes for 7s and over.** 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) 6.15pm to 7.30pm (seniors) Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

**Lewes writing workshop**  
Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Led by professional writer Roddy Phillips, the workshops are ideal for writers of all abilities. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For more information contact Roddy on 07758 367479 or [roddy.phillips@btinternet.com](mailto:roddy.phillips@btinternet.com) [www.bournetowrite.co.uk](http://www.bournetowrite.co.uk)

**Lewes Circus Society** An open drop-in session for all skill levels to come and practice/learn an array of circus skills. 8.45pm to 10.15pm Main Hall. £3 entry. For more information contact [robin48gx@gmail.com](mailto:robin48gx@gmail.com) or search Lewes Circus Society on Facebook.

## Tuesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Creative Movement classes**  
**Expressive body, mind & movement class.** Come and experience the joy of movement and peace in stillness 10am to 11am Main Hall. £40/5wks. For details contact Lauren on 07791 339045 or [laurenreddance@gmail.com](mailto:laurenreddance@gmail.com)

**Adult Ballet Classes** No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £7 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or [claire.lyons@sky.com](mailto:claire.lyons@sky.com)

## Wednesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Toy Library** Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4pm to 8.45pm Both Halls. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

**A Playful Encounter** theatre skills for life with award winning actor and director Chris Cresswell. Although this workshop is open to all ages, over fifties are encouraged and very welcome. Break the rules, be stupid, be playful. Using theatre games, improv and clown techniques, this drama based workshop is suitable for everyone. 12.30pm to 2.30pm from 6<sup>th</sup> March.  
For more information email [chris@chrisresswell.com](mailto:chris@chrisresswell.com)

## Thursday

### **Pilates with Hannah Ellicock** Registered

Osteopath. 9.30am to 10.30am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

### **Windmill Young Actors** Lewes

A one hour drama workshop for infant actors aged 5 to 7 years. Our young actors of all ages learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. Concession and subsidized places are available in each club. 4pm to 5pm. Main Hall. First session is a FREE trial. You can join at any time during the term. For more information contact Denise on 07961986245 or [lewes@windmillyoungactors.com](mailto:lewes@windmillyoungactors.com) [www.windmillyoungactors.com](http://www.windmillyoungactors.com)

**Circus Pearls** Trapeze, aerial silks and rope classes for 7s and over. Classes between 3.45pm to 6.15pm. Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

### **Lewes Glynde Beddingham**

**Brass** Young beginners 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on [secretary@lgbrass.co.uk](mailto:secretary@lgbrass.co.uk)

## Friday

**PlayGroup** Informal drop-in for parents & tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £3 per family. For info [howephil@gmail.com](mailto:howephil@gmail.com)

**BounceBack** Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. Contact Toby 07793 241417 or email [toby@bbfit.co.uk](mailto:toby@bbfit.co.uk)

**Circus Pearls** Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! Different classes from 3.45pm to 6pm. Small Hall For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

## Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic and foreign films to Lewes. £5 on the door (£2.50 students) or £40 for season membership (incl. 25 films & a workshop session).

**All The Presidents Men** 15 138mins Friday 1<sup>st</sup> 8pm  
**The Parallax View** 15 102mins Sunday 3<sup>rd</sup> 4pm  
**The Rider** 104mins Friday 15<sup>th</sup> 8pm  
**McQueen** 15 111mins Tuesday 19<sup>th</sup> 8pm  
**Aquarius** 18 146mins Friday 29<sup>th</sup> 8pm

For more info contact **07809235578** or visit [www.lewes-filmclub.com](http://www.lewes-filmclub.com)

## Saturday

**Duende Dance School** Specialist in Flamenco & Spanish dance classes for all adults & children, all ages & abilities, recognised exam syllabus available if preferred, 9.15am to 1.15pm Small Hall. With Helena "La Leyenda" - over 25 years teaching fully qualified SDS IDB (!) DBS/CRB checked, CDET recognised teacher Equity member and equity insured. For more info contact Helena 07963 959262 or [helenadot@aol.com](mailto:helenadot@aol.com)

## ONE OFF EVENTS

### **Lewes Labour Party presents Claire Martin**

**OBE** joined by renowned guitarist Jim Mullen, and friends as they pay tribute to the legendary Jazz guitarist Wes Montgomery. Friday 8<sup>th</sup> March Doors open at 7pm Tickets: £15, soon to be available from Eventbrite online, Union Music Store, or Lewes Labour Party Headquarters, 3 North Street BN7 2PA.

### **Blow Away the Winter Blues**

**...and clock up your 10K+ steps in a fun way!** Local band 'Bring Back the Wolf' are providing the stirring music for a Barn Dance on Saturday 9<sup>th</sup> March. The event repeats highly successful barn dances held over the last 3 years when over £2000 has been raised for the Starfish Youth Music Project. Tickets are just £8 in advance from Union Music, Lansdown Place & Lewes Town Hall or £10 on the door, if available (no concessions). A special Family Ticket can be bought in advance at £25 (up 2 adults & up to 2 children). The event starts at 7.30 with dancing continuing to 11pm. A Harvey's bar & snacks will be available to sustain the dancers & supporters throughout the evening. For further details call 07772031269.

### **Lewes Literary Society presents**

**Lesley Thomson** the author of the best-selling *The Detective's Daughter* series, featuring Stella Darnell. The final book in this seven-book series, *The Playground Murders*, will be published in April 2019. Her standalone crime novel, *A Kind of Vanishing*, set around the abandoned village of Tide Mills, near Newhaven, won the People's Book prize for fiction in 2010. Lesley lives in Lewes and runs a crime-writing course at West Dean College. Tues 12<sup>th</sup> March. 7.30pm with an 8pm start. £10 single event ticket or £40 for a season ticket. For tickets & more information [www.lewesliterarysociety.co.uk](http://www.lewesliterarysociety.co.uk)  
*Please note: This talk replaces the one by Emma Woolf, who unfortunately had to cancel.*

### **All Saints Centre Open Day**

Join us on the Saturday 16<sup>th</sup> March 10am to 4pm for our open day! See our retractable seating out, our house P.A. system and our Avolite Titan Mobile console for our new stage lighting. This will be a great opportunity to talk to the staff and check the diary for available dates (max 12 months in advance). The Small Hall will be open from 2pm for viewing. Our Small Hall is usually used as green room/dressing room/back stage area or for smaller workshops/classes and private functions. Unable to make this date? Contact us to make an appointment for a show around. 01273 486391 or [ascl Lewes@lewes-tc.gov.uk](mailto:ascl Lewes@lewes-tc.gov.uk)

### **Lewes Live Literature presents Caribbean Sightlines**

To kick-start the Spring, a transatlantic evening of words, music and Caribbean bites with John Agard, Grace Nichols and friends. Contributors will include Trinidadian poet/artist John Lyons and musicians Pam Hewitt & Sophia Poznansky with Tango, Calypso and jazz classics. Saturday 23 March. 7.30pm. Tickets £10 advance / £12 door. For more info please visit [www.leweslivelit.co.uk](http://www.leweslivelit.co.uk)

**Lewes Tango Milonga** Come and join the Brighton and Lewes tango community for a lovely afternoon tea dance in the heart of Lewes. Sunday 24<sup>th</sup> March 2pm to 6pm. Tickets £10.00 on the door only. This event isn't for non-dancers nor for those without previous experience.