



## The All Saints Community, Arts and Youth Centre April Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The All Saints Centre only sells tickets for Film at All Saints. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre  
Friars Walk, Lewes,  
East Sussex, BN7 2LE  
01273 486391  
asclewes@lewes-tc.gov.uk  
[www.lewes-tc.gov.uk](http://www.lewes-tc.gov.uk)

## Monday

**Zumba Fitness** Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! [s.e.dexter@gmail.com](mailto:s.e.dexter@gmail.com)

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**The Voiceworks Company of Singers** If you love singing, you'll love this!  
A relaxed choir for ALL abilities. A friendly community choir with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £51 for 6 weeks, first workshop is FREE!  
Contact Haley to book 07984 014509 or visit [www.voiceworkshops.co.uk](http://www.voiceworkshops.co.uk)

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or [toby@bbfit.co.uk](mailto:toby@bbfit.co.uk)

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4.15pm to 8.30pm Main Hall. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

**Circus Pearls Trapeze, aerial silks and rope classes for 7s and over.** 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) 6.15pm to 7.30pm (seniors) Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

**Lewes writing workshop**  
Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Led by professional writer Roddy Phillips, the workshops are ideal for writers of all abilities. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For more information contact Roddy on 07758 367479 or [roddy.phillips@btinternet.com](mailto:roddy.phillips@btinternet.com) [www.bournetowrite.co.uk](http://www.bournetowrite.co.uk)

**Lewes Circus Society** An open drop-in session for all skill levels to come and practice/learn an array of circus skills. 8.45pm to 10.15pm Main Hall. £3 entry. For more information contact [robin48gx@gmail.com](mailto:robin48gx@gmail.com) or search Lewes Circus Society on Facebook.

## Tuesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Creative Movement classes**  
**Expressive body, mind & movement class.** Come and experience the joy of movement and peace in stillness 10am to 11am Main Hall. £40/5wks. For details contact Lauren on 07791 339045 or [laurenreddance@gmail.com](mailto:laurenreddance@gmail.com)

**Adult Ballet Classes** No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £7 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or [claire.lyons@sky.com](mailto:claire.lyons@sky.com)

## Wednesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Toy Library Loads of toys to choose from for play & for hire!** Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or [toby@bbfit.co.uk](mailto:toby@bbfit.co.uk)

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4pm to 8.45pm Both Halls. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

**A Playful Encounter theatre skills for life** with award winning actor and director Chris Cresswell. Although this workshop is open to all ages, over fifties are encouraged and very welcome. Break the rules, be stupid, be playful. Using theatre games, improv and clown techniques, this drama based workshop is suitable for everyone. 12.30pm to 2.30pm from 6<sup>th</sup> March.  
For more information email [chris@chriscresswell.com](mailto:chris@chriscresswell.com)

## Thursday

### **Pilates with Hannah Ellicock** Registered

Osteopath. 9.30am to 10.30am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

### **Windmill Young Actors** Lewes

A one hour drama workshop for infant actors aged 5 to 7 years. Our young actors of all ages learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. Concession and subsidized places are available in each club. 4pm to 5pm. Main Hall. First session is a FREE trial. You can join at any time during the term. For more information contact Denise on 07961986245 or [lewes@windmillyoungactors.com](mailto:lewes@windmillyoungactors.com) [www.windmillyoungactors.com](http://www.windmillyoungactors.com)

### **Circus Pearls** Trapeze, aerial silks and rope

**classes for 7s and over.** Classes between 3.45pm to 6.15pm. Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

### **Lewes Glynde Beddingham**

**Brass** Young beginners 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on [secretary@lgbrass.co.uk](mailto:secretary@lgbrass.co.uk)

## Friday

### **PlayGroup** Informal drop-in for parents &

**tots for play and for conversation!** Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £3 per family. For info [howephil@gmail.com](mailto:howephil@gmail.com)

### **BounceBack** Cardiac Exercise Class.

Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. Contact Toby 07793 241417 or email [toby@bbfit.co.uk](mailto:toby@bbfit.co.uk)

### **Circus Pearls** Aerial lessons on trapeze,

**rope & silks!** All levels. Great for fitness & fun! Different classes from 3.45pm to 6pm. Small Hall For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

## Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic and foreign films to Lewes. £5 on the door (£2.50 students) or £40 for season membership (incl. 25 films & a workshop session).

**Unsane** 15 97mins Friday 12<sup>th</sup> 8pm

**The Nile Hilton Incident** 15 111mins Friday 19<sup>th</sup> 8pm

**For more info contact 07809235578 or visit** [www.lewes-filmclub.com](http://www.lewes-filmclub.com)

## Saturday

### **Duende Dance School** specialist in

**Flamenco & Spanish dance classes for all adults & children, all ages & abilities, recognised exam syllabus available if preferred, 9.15am to 1.15pm** Small Hall. With Helena "La Leyenda" - over 25 years teaching fully qualified SDS IDB (!) DBS/CRB checked, CDET recognised teacher Equity member and equity insured. For more info contact Helena 07963 959262 or [helenadot@aol.com](mailto:helenadot@aol.com)

## ONE OFF EVENTS

### **Lewes Literary Society** presents **Linda Grant**

an author and journalist. She has written seven novels, including the Orange prize-winning *When I Lived in Modern Times* (2000) and the Man Booker-shortlisted *The Clothes on Their Backs* (2008). Her most recent novel, *The Dark Circle* (2017), was shortlisted for the Bailey's Prize for Fiction. She has also written a number of non-fiction books; including the acclaimed memoir *Remind Me Who I Am, Again* (1998), about her family's history and mother's dementia. Tuesday 2<sup>nd</sup> April. Tickets for this talk can be bought at Bow Windows Bookshop, at [www.lewesliterarysociety.co.uk](http://www.lewesliterarysociety.co.uk) or on the door.

**Lewis & Dav's** energetic, soulful and acrobatic musical show is back on the road! Experience the thrill of live music like never before with Lewis & Dav's unique idea - Request Roulette! This is just one of a number of exciting departures from the normal acoustic music show, which also includes a foray into musical acrobatics...this has to be seen to be believed! Raising money for CLAPA, a charity very close to Lewis and Dav's hearts, who work with children born with cleft lips & palates. You'll hear originals and intricately arranged covers, ranging from classic hits, to modern pop, to some of Lewis & Dav's personal favourite pieces from a diverse selection of genres! Doors 2.15pm, start 2.30pm. Tickets - [www.lewisanddav.co.uk](http://www.lewisanddav.co.uk) or on the door. £10/£12 For more info [www.lewisanddav.co.uk](http://www.lewisanddav.co.uk)

### **Lewes Live Literature** presents **Work In**

**Progress** Second in a series of midweek rehearsed readings featuring new work by local playwrights. Featuring two plays still in development: *Prison Dialogues* by Mark C. Hewitt and *In the Hollows* by Neil Noon. Plus one short play that's finished but hasn't yet been performed: *A Bit Like Love* by Louise Monaghan. The readings will be performed by professional actors, names to be announced. Tuesday 9<sup>th</sup> April 7.45pm. Tickets £6.50 in advance [www.leweslivelit.co.uk](http://www.leweslivelit.co.uk) or £8 on the door.

### **Lewes Tango Milonga** Come and join the

Brighton and Lewes tango community for a lovely afternoon tea dance in the heart of Lewes. Sunday 14<sup>th</sup> April 3pm to 7pm. Tickets £10 adv. or £12 on the door. This event isn't for non-dancers nor for those without previous experience. [www.facebook.com/groups/lewestangomilonga](http://www.facebook.com/groups/lewestangomilonga)

### **Lewes Live Literature** presents **Linton Kwesi**

**Johnson** writing reggae. From researching and presenting the first-ever history of the genre on BBC radio in 1982, to playing alongside some of the greats in the decades since, he has always had an ear for what makes reggae the most well-loved of Jamaican exports. Come and hear his unique take on reggae culture. It's a journey which has also been personal, transporting Johnson from the Jamaican countryside to the world stage. Tuesday 16<sup>th</sup> April 7.45pm. Tickets: £12 advance [www.leweslivelit.co.uk](http://www.leweslivelit.co.uk) or £15 on the door.

### **Lewes Live Literature** presents **Redder** ...Little

*Red Riding Hood is 66 and looking for love!* In this fantastical one woman show, poet **Gus Watcham** turns the fairy tale upside down and shakes out all the bits to create a disturbed & darkly humorous psychodrama for our times. Directed by LLL's Mark C. Hewitt, using an old OHP, Dictaphones, torches, a plastic pig and tiny props, this is a live literature production unlike any other. Friday 26<sup>th</sup> April 7.45pm. Tickets: £7.00 advance [www.leweslivelit.co.uk](http://www.leweslivelit.co.uk) or £9.00 door. For more info [www.littleredder.wordpress.com](http://www.littleredder.wordpress.com)

### **To Begin The World Over Again:**

**The life Of Thomas Paine.** Leaping from the stage, delighting audiences in America, English actor Ian Ruskin's acclaimed one-man play brings Thomas Paine home to Lewes. Paine changed the world with his pen, sparking the American and French Revolutions and the Age of Reason. He was one of the world's greatest writers and worst politicians. Would it prove deadly? Saturday 27<sup>th</sup> April 7.30pm Tickets: Union Music Store, Lewes Tourist Information Centre, & [www.wegottickets.com](http://www.wegottickets.com)