



The All Saints Community, Arts and Youth Centre May Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below. The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

Zumba Fitness Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! s.e.dexter@gmail.com

Pilates with Hannah Ellicock
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

The Voiceworks Company of Singers If you love singing, you'll love this!
A relaxed choir for ALL abilities. A friendly community choir with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £51 for 6 weeks, first workshop is FREE!
Contact Haley to book 07984 014509 or visit www.voiceworkshops.co.uk

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Turning Pointe School of Dance Ballet & Tap for ages 3 to adult. 4.15pm to 8.30pm Main Hall. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) 6.15pm to 7.30pm (seniors) Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes writing workshop
Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Led by professional writer Roddy Phillips, the workshops are ideal for writers of all abilities. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For more information contact Roddy on 07758 367479 or roddy.phillips@btinternet.com www.bournetowrite.co.uk

Lewes Circus Society An open drop-in session for all skill levels to come and practice/learn an array of circus skills. 8.45pm to 10.15pm Main Hall. £4 entry. For more information contact robin48gx@gmail.com or search Lewes Circus Society on Facebook.

Tuesday

Pilates with Hannah Ellicock
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Creative Movement classes
Expressive body, mind & movement class. Come and experience the joy of movement and peace in stillness 10am to 11am Main Hall. £40/5wks. For details contact Lauren on 07791 339045 or laurenreddance@gmail.com

Adult Ballet Classes No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £7 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or claire.lyons@sky.com

Wednesday

Pilates with Hannah Ellicock
Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Toy Library Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Turning Pointe School of Dance Ballet & Tap for ages 3 to adult. 4pm to 8.45pm Both Halls. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

Thursday

Pilates with Hannah Ellicock Registered

Osteopath. 9.30am to 10.30am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Windmill Young Actors Lewes

A one hour drama workshop for infant actors aged 5 to 7 years. Our young actors of all ages learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 4pm to 5pm. Main Hall. First session is a FREE trial. You can join at any time during the term. For more information contact Denise on 07961986245 or lewes@windmillyoungactors.com or www.windmillyoungactors.com

Circus Pearls Trapeze, aerial silks and rope

classes for 7s and over. Classes between 3.45pm to 6.15pm. Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes Glynde Beddingham

Brass Young beginners 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on secretary@lgbrass.co.uk

Friday

PlayGroup Informal drop-in for parents &

tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £3 per family. For info howephil@gmail.com

BounceBack Cardiac Exercise Class.

Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. Contact Toby 07793 241417 or email toby@bbfit.co.uk

Circus Pearls Aerial lessons on trapeze,

rope & silks! All levels. Great for fitness & fun! Different classes from 3.45pm to 6pm. Small Hall For more information circuspearls@gmail.com

Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic and foreign films to Lewes. £5 on the door (£2.50 students) or £40 for season membership (incl. 25 films & a workshop session).

The Breadwinner 12A 94mins Friday 3rd 8pm
AGM from 7.30pm for members only.

For more info contact **07809235578** or visit www.lewes-filmclub.com

Saturday

Duende Dance School Specialist in

Flamenco & Spanish dance classes for all adults & children, all ages & abilities, recognised exam syllabus available if preferred, 9.15am to 1.15pm Small Hall. With Helena "La Leyenda" - over 25 years teaching fully qualified SDS IDB (!) DBS/CRB checked, CDET recognised teacher Equity member and equity insured. For more info contact Helena 07963 959262 or helenadot@aol.com

ONE OFF EVENTS

Lewes Tango Milonga

Come and join the Brighton and Lewes tango community for a lovely afternoon tea dance in the heart of Lewes. Sunday 5th May 2pm to 6pm. Tickets £10 adv. or £12 on the door. This event isn't for non-dancers nor for those without previous experience.

www.facebook.com/groups/lewestangomilonga

Amnesty International presents From

Balfour to Banksy Q&A with the producer

after the film. Divisions and Visions in Palestine. With the Balfour Declaration in 1917 Britain's foreign secretary paved the way for the vision of Israel and for the dis-possession of the Palestinian people.

This film looks at a range of views from occupied Palestine and at other visions for today and for the future. It also looks at the vision and art installations of another Englishman, Banksy. Tuesday 7th May. 7.30pm Suggested donation £5. For more info please email

balfour.legacy@gmail.com or lewesamnestygroup@gmail.com or visit amnesty.org.uk/lewes

Let's Get Funked

Another dance night in Lewes featuring funk, soul and reggae music for grown-up dance lovers who like to party early. Friday 10th May. 7.30pm to 11.00pm Tickets £7 in advance £8 on the door Tickets available from www.wegottickets.com and www.facebook.com/letsgetfunkedlewes

Nick Pynn & Kate Daisy Grant

are coming to Lewes and we couldn't be more pleased. Nick's catchy, melodic avant-folk tunes (with Kate as his band) and Kate's original torch/folk/pop songs (with Nick as her band) feature self-made, traditional, toy and curiosity instruments as well as death-defying live looping. "Mesmerising" (Clash). Friday 24th - Doors 7pm for 7.30pm Tickets £12 Union Music or www.seetickets.com

Little Edinburgh returns to bring you three

of the most exciting comedians in the country to the All Saints Centre in Lewes as they prepare for the Edinburgh Festival Fringe. Each of these brilliant comics will preview their entire Edinburgh show for just £10.

Adam Hess, Jayde Adams, and Glenn Moore (WIP) Sunday 26th - Doors 6.30pm for 7pm Tickets £10 Union Music or www.seetickets.com

Coming soon...

Lewes Drama Collective.
Lewes Chamber Music Festival
New Sussex Opera
The Dance Academy
Musicians Of All Saints
Lewes Speakers Festival
Catherine Black's Cello Course

Want to hire the All Saints Centre for an event or class? Get in touch. We are licensed for live and recorded music, cinema, theatre, workshops, rehearsals and most types of events and classes. These can be private or open to the public. For more information on our facilities, fees and availability please contact us using the information provided on the front of this programme.