



## The All Saints Community, Arts and Youth Centre July Programme

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below. The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre  
Friars Walk, Lewes,  
East Sussex, BN7 2LE  
01273 486391  
asclewes@lewes-tc.gov.uk  
[www.lewes-tc.gov.uk](http://www.lewes-tc.gov.uk)

## Monday

**Zumba Fitness** Join the party for a Latin inspired, easy to follow, calorie burning, dance fitness class. 9.30am to 10.30am Main Hall. Classes are pay as you go, no need to book, £6 a class. Join us and get fit, get happy! zumbahappy@gmail.com

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**The Voiceworks Company of Singers** If you love singing, you'll love this!  
A relaxed choir for ALL abilities. A friendly community choir with singing coach Haley Stevens. 11am to 12.30pm. Small Hall. £51 for 6 weeks, first workshop is FREE!  
Contact Haley to book 07984 014509 or visit [www.voiceworkshops.co.uk](http://www.voiceworkshops.co.uk)

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4.15pm to 8pm Main Hall. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

**Circus Pearls Trapeze, aerial silks and rope classes for 7s and over.** 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) 6.15pm to 7.30pm (seniors) Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

**Lewes writing workshop**  
Ever wanted to write about your first love, a memorable journey, or create a better plot for your favourite soap? Led by professional writer Roddy Phillips, the workshops are ideal for writers of all abilities. 10 sessions £120. 7.45pm to 9.45pm Small Hall. For more information contact Roddy on 07758 367479 or [roddy.phillips@btinternet.com](mailto:roddy.phillips@btinternet.com) [www.bournetowrite.co.uk](http://www.bournetowrite.co.uk)

**Lewes Circus Society** An open drop-in session for all skill levels to come and practice/learn an array of circus skills. 8.45pm to 10.15pm Main Hall. £4 entry. For more information contact [robin48gx@gmail.com](mailto:robin48gx@gmail.com) or search Lewes Circus Society on Facebook.

## Tuesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. 9.15am to 10.15am Small Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Creative Movement classes**  
**Expressive body, mind & movement class.** Come and experience the joy of movement and peace in stillness 10am to 11am Main Hall. £40/5wks. For details contact Lauren on 07791 339045 or [laurenreddance@gmail.com](mailto:laurenreddance@gmail.com)

**Adult Ballet Classes** No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £7 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or [claire.lyons@sky.com](mailto:claire.lyons@sky.com)

## Wednesday

**Pilates with Hannah Ellicock**  
Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

**Toy Library** Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

**BounceBack Cardiac Exercise Class.** Run by a friendly, BACPR accredited cardiac rehab specialist. 10.45am to 11.45am £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

**Turning Pointe School of Dance Ballet & Tap for ages 3 to adult.** 4pm to 8 pm Both Halls. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

## Thursday

### **Pilates** with Hannah Ellicock Registered

Osteopath. 9.30am to 10.30am Main Hall. £9 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

### **Windmill Young Actors** Lewes

A one hour drama workshop for infant actors aged 5 to 7 years. Our young actors of all ages learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 4pm to 5pm. Main Hall. First session is a FREE trial. You can join at any time during the term. For more information contact Denise on 07961986245 or [lewes@windmillyoungactors.com](mailto:lewes@windmillyoungactors.com)

[www.windmillyoungactors.com](http://www.windmillyoungactors.com)

#### **END OF YEAR PERFORMANCE:**

Friday 5<sup>th</sup> July. Performances by all our Lewes Windmill Young Actors from infants to seniors celebrating the skills of our growing ensemble in a range of work from devised scenes to scripted pieces. Something for everyone to enjoy. Infants at 6pm. Juniors and Seniors at 7pm. Refreshments available. Entry by donation. Open to all parents, friends and the public.

### **Circus Pearls** Trapeze, aerial silks and rope

classes for 7s and over. Classes between 3.45pm to 6.15pm. Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

### **Lewes Glynde Beddingham**

**Brass** Young beginners 7pm to 7.45pm. Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on [secretary@lgbbass.co.uk](mailto:secretary@lgbbass.co.uk)

## Friday

### **PlayGroup** Informal drop-in for parents &

**tots for play and for conversation!** Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £2 per family. For info [howephil@gmail.com](mailto:howephil@gmail.com)

### **BounceBack** Cardiac Exercise Class.

Run by a friendly, BACPR accredited cardiac rehab specialist. 12.30pm to 1.30pm Main Hall. £5.50/£6 per session. Contact Toby 07793 241417 or email [toby@bbfit.co.uk](mailto:toby@bbfit.co.uk)

### **Circus Pearls** Aerial lessons on trapeze,

**rope & silks!** All levels. Great for fitness & fun! Different classes from 3.45pm to 6pm. Small Hall For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

## Saturday

### **Duende Dance School** specialist in

**Flamenco & Spanish dance classes for all adults & children, all ages & abilities, recognised exam syllabus available if preferred**, 9.15am to 1.15pm Small Hall. With Helena "La Leyenda" - over 25 years teaching fully qualified SDS IDB (!) DBS/CRB checked, CDET recognised teacher Equity member and equity insured. For more info contact Helena 07963 959262 or [helenadot@aol.com](mailto:helenadot@aol.com)

## ONE OFF EVENTS

### **Musicians Of All Saints**

Directed by Sebastian Charlesworth  
Handel Concerto Grosso, Op.6 No.7 in B flat major  
Paul Carr Oboe Concerto *Soloist Clare Worth*  
Conall Gleeson New Work for Strings and Electronics  
Dvořák Serenade for Strings in E major, Op.22  
Saturday 6 July 2019 7.45pm Tickets are £12, £9 conc. Under 18's FREE. Tickets are available on the door.

### **Lewes Tango Milonga**

Come and join the Brighton and Lewes tango community for a lovely afternoon tea dance in the heart of Lewes. Sunday 7<sup>th</sup> July 4pm to 8pm. Tickets £10 adv. or £12 on the door. This event isn't for non-dancers nor for those without previous experience. [www.facebook.com/groups/lewestangomilonga](http://www.facebook.com/groups/lewestangomilonga)

### **Lewes Speakers Festival**

**Friday 12th July**

**Helen Pankhurst** 5pm-6.15pm *Deeds Not Words: The Story of Women's Rights - Then and Now.*

**Julian Baggini** 6.45pm-8pm *How the World Thinks: A Global History of Philosophy.*

**Andy Smart** 8.15pm-9.30pm *A Hitch in Time.*

**Saturday 13th July**

**Tina's Deubert** 9.45am-11am *Nutrition in a Nutshell - make every mouthful count.*

**Bishop Richard Harries** 11.15am-12.30pm *Haunted by Christ: Modern Writers and the Struggle for Faith.*

**Linda Yueh** 1pm-2.15pm *The Great Economists: How Their Ideas Can Help Us Today.*

**Guy Leschziner** 3pm-4.15pm *The Nocturnal Brain: Tales of Nightmares and Neuroscience.*

**Jonathan Fenby** 4.45pm-6pm *Crucible: Twelve Months that Changed the World Forever.*

**David Wilson** 6.30pm-7.45pm *My Life with Murderers: Behind Bars with the World's Most Violent Men.*

**Andrew Monaghan** 8pm-9.15pm *Dealing with the Russians.*

**Sunday 14th July**

**Robin Aitken** 9.45am - 11am *The Noble Liar: How and Why the BBC Distorts the News to Promote a Liberal Agenda.*

**Rosa Prince** 11.15am- 12.30pm *Understanding: Theresa May: The Enigmatic Prime Minister and the leader of the opposition: Jeremy 'Comrade' Corbyn*

**Martin Kemp** 1pm -2.15pm *Leonardo Da Vinci: The 100 Milestones.*

**Paul Dolan** 14.45pm-4pm *Happy Ever After: Escaping The Myth of The Perfect Life.*

**Peter Owen Jones** 4.30pm-5.45pm *Everest England*  
**Ayesha Hazarika and Tom Hamilton** 6pm-7.15pm *Punch and Judy Politics: An Insiders' Guide to Prime Minister's Questions.*

### **Cliffe Archive & Film Evening**

From 5 until 7.30pm a selection of the Cliffe Archives will be available to view. There will be banners, old newsletters & lots of photos highlighting some of Cliffe Bonfires 166 year history. We also have a rare chance to purchase old Clarions & programmes. Refreshments available. Tea, coffee, cakes, snacks & a fully licensed bar. From 7.30/8pm we will be showing two films. Once A Year In Lewes & Lest We Forget. Both films capture Lewes Bonfire in such a unique way that they are unmissable! Friday 19<sup>th</sup> July. Doors open at 5pm. Due to finish at 10pm. £3 for an adult & £1 per child. Fee includes re-entry. Tickets available on the door only. Restricted to capacity. For more information please email [lucy.crook@email.com](mailto:lucy.crook@email.com)

### **A Collection of Short Entertainments**

by the LDC Youth Group. A unique variety of performances selected and created by multi-talented performers of the Lewes Drama Collective Youth Group. Saturday 20<sup>th</sup> July 6.15pm. Tickets £4 U16 and £6 for adults available online via [ticketsource.co.uk/lewes-drama-collective](http://ticketsource.co.uk/lewes-drama-collective)

### The LDC Junior Group proudly presents **The Lion, The Witch and The Wardrobe**

The magical book is vividly brought to life on stage and will have children and adults alike on the edge of their seats as they embark on a wonderful adventure in Narnia. Lucy, Edmund, Peter and Susan are evacuated to a country house during the Second World War. Lucy explores the house and finds a magical wardrobe that transports her to the wonderful world of Narnia where the adventure begins with Mr Tumnus, a Faun. Sunday 21<sup>st</sup> July 1.45pm. Book your tickets online via [ticketsource.co.uk/lewes-drama-collective](http://ticketsource.co.uk/lewes-drama-collective)

### **Bowler Crab Productions presents**

### **A Midsummer Night's Dream**

"The course of true love never did run smooth". Five years after Bowler Crab's debut production of A Midsummer Night's Dream, they return to Shakespeare's most performed play with an all new cast and design! A magical fairy tale with song, dance and humour galore, find yourself in a world of magic, music and mayhem, among trick-some fairies, enchanted lovers and ass-headed 'rude mechanicals'. Saturday 27<sup>th</sup> July 7.30pm. Tickets £15 [www.bowler-crab.com](http://www.bowler-crab.com) or 07801893115.

### **Cello Course with Catherine Black.**

The annual international Summer School, tailor-made for all passionate cellists with its own repertoire designed to immerse & develop you at a deep level. Sunday 28<sup>th</sup> July-Friday 2<sup>nd</sup> Aug. For more info [www.cellocourses.com](http://www.cellocourses.com)