



The All Saints Community, Arts and Youth Centre

September Programme

(Covid secure venue)

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
01273 486391
asclewes@lewes-tc.gov.uk
www.lewes-tc.gov.uk

Monday

BounceBack Cardiac Exercise Class. Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £5.50/£6 per session. For details contact Toby 07793 241417 or toby@bbfit.co.uk

Lewes Youth Rock Orchestra

L.Y.R.O offers a place for young budding musicians to come and hang out, develop as a musician, and to gain the knowledge and experience needed to succeed in the music industry. From age 8-16yrs
Main hall 4:30-6pm FIRST SESSION FREE
For more information visit: lewesyouthrockorchestra.com
Email: james@lewesyouthrockorchestra.com
Facebook: @Lewesyouthrockorchestra
Phone: James on 07812822471

Circus Pearls Trapeze, aerial silks and rope classes for 7s and over. 3.45pm to 5pm (juniors) 5pm to 6.15pm (intermediate) Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Tuesday

Adult Ballet Classes No previous knowledge of ballet needed. A small friendly class designed for all ages and abilities. £8 per class, term only. 10.45am Small Hall. For more info contact Claire Lyons AISTD on 07773 194040 or claire.lyons@sky.com

Princes and Lords learn to survive with this art, in earnest and in play. But if you are fearful, then you should not learn to fence. Because a despondent heart will always be defeated, regardless of all skill." Sigmund Ringeck 1389
Come and practice medieval sword fighting. 7pm to 8.30pm.

Wednesday

Pilates with Hannah Ellicock

Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Toy Library Loads of toys to choose from for play & for hire! Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

Turning Pointe School of Dance

Ballet & Tap for ages 3 to adult. 3.30pm to 7.15pm Both Halls. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

BAM BAM Dance Fitness

A high energy mixed ability dance fitness class. 7.45-8.45pm Wednesdays, Main Hall. Taking inspiration from Afro-Caribbean dance styles and beat driven music, such as Dancehall, Afro-beat, Reggaeton, UK Garage and Dub/ Reggae. The class will consist of simple choreographed routines, aimed to improve cardio fitness, flexibility, muscle strength, and most importantly raise levels of happy hormones!
£6 class entry, first session free. Drop ins welcome or to book or get more info email Hayley at bambamdancefitness@gmail.com

Thursday

Pilates with Hannah Ellicock Registered Osteopath. 9.30am to 10.30am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or www.lewesfamilyosteopath.co.uk

Turning Pointe School of Dance

Ballet & Tap for ages 3 to adult. 1.15pm to 3.15pm Small Hall. Contact Julia Canneaux for details times and prices www.turningpointedanceschool.co.uk

Iyengar Yoga with Sallie Adults, all levels.

1.30pm to 3pm. Main Hall. £10 per class drop in or reduced rates for block booking. For more information or to book your place please email sallie.sullivan8@btinternet.com

Windmill Young Actors Lewes

A one hour drama workshop for infant actors aged 5 to 7 years. Our young actors learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 3.45pm to 6.15pm. Main Hall. First session is a FREE trial. For more information contact Denise on 07961986245 or lewes@windmillyoungactors.com www.windmillyoungactors.com

Circus Pearls Trapeze, aerial silks and rope

classes for 7s and over. Classes between 3.45pm to 6.30pm. Small Hall. All our teachers are CRB checked & insured. For more information circuspearls@gmail.com

Lewes Glynde Beddingham

Brass Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on secretary@lgbbrass.co.uk

Friday

PlayGroup Informal drop-in for parents & tots for play and for conversation! Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £2 per family. Email: allsaintsplaygrouplewes@gmail.com

Circus Pearls Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! Different classes from 3.45pm to 6.15pm. Small Hall For more information circuspearls@gmail.com

ONE OFF EVENTS

Bryteye Production presents Who gets the cat?

A light-hearted tale of betrayal & renewal written by Sandy Truman
Come & enjoy "Who Gets the Cat?" which explores, with humour, the problems facing those in the third age & the impact on family & friends.
Friday 3rd & Saturday 4th at 7.45pm
Matinee Sunday 5th 2.30pm
Tickets £12.50/£10 concessions (under 18/over 65)
Tickets available via www.eventbrite.co.uk, facebook and www.bryteye.co.uk or buy on the door

Lewes Creatives Artwave show

Lewes Creatives is a diverse group of local artists. Expect to find beautiful art and design including jewellery, ceramics, textiles, photography, prints and aromatherapy sprays. Saturday 11th September 2021
Doors open 11am through to 6pm

Baby & Child First Aid Class

Our award winning 2 hour baby and child first aid class is ideal for new parents, expectant parents, not so new parents, grandparents, carers, babysitters and more. It includes CPR, choking, bumps, breaks, burns, bleeding, febrile seizures and meningitis awareness from newborn to puberty. Sunday 12th September 10am-12pm Main hall. £20 per person – to book please visit www.minifirstaid.co.uk

Lewes Live Literature presents Works in Progress

Supporting new writing for theatre. LLL presents another evening of professionally performed rehearsed readings of new works (and works in progress) by local playwrights, including Louise Monaghan and Mark C. Hewitt.
Tuesday 21st September, 7.45pm
To book tickets, visit www.leweslivelit.co.uk

Lewes Film Club

A community group run by film enthusiasts bringing art-house, classic, and foreign films to Lewes.

Members only due to covid measures in place
£100 for one year membership (incl. 35 films).

Happy Go Lucky 15 Friday 24th 8pm

Honey Boy 15 Sunday 26th 2pm

Birds of Passage 15 Sunday 26th 4.30pm

Mr Jones 15 Sunday 26th 8pm

For more info contact 07809235578 or visit www.lewes-filmclub.com

The Musicians of All Saints directed by Andrew Sherwood

Mozart Divertimento in B Flat major, K.137
Sally Beamish The Day Dawn (1999/2010)

Frank Bridge Lament

Tchaikovsky Serenade for Strings in C major, Op.48

This concert is dedicated to Shirley and Dennis Edwards and Alice Smol with grateful thanks for their long service to the Musicians of All Saints.

Saturday 25th September 7.45pm

Tickets £13 to book please visit

www.musiciansofallsaints.co.uk/events