



## The All Saints Community, Arts and Youth Centre

### October Programme (Covid secure venue)

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.  
The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open 7 days, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre  
Friars Walk, Lewes,  
East Sussex, BN7 2LE  
01273 486391  
asclewes@lewes-tc.gov.uk  
[www.lewes-tc.gov.uk](http://www.lewes-tc.gov.uk)

## Monday

### **BounceBack Cardiac Exercise Class.**

Run by a friendly, BACPR accredited cardiac rehab specialist. 3pm to 4pm £7 per session. For details contact Anita on 07852986914 or [anitaasghar@msn.com](mailto:anitaasghar@msn.com)

### **Lewes Youth Rock Orchestra**

L.Y.R.O offers a place for young budding musicians to come and hang out, develop as a musician, and to gain the knowledge and experience needed to succeed in the music industry. From age 8-16yrs  
Main hall 4:30-6pm FIRST SESSION FREE  
For more information visit: [lewesyouthrockorchestra.com](http://lewesyouthrockorchestra.com)  
Email: [james@lewesyouthrockorchestra.com](mailto:james@lewesyouthrockorchestra.com)  
Facebook: @Lewesyouthrockorchestra  
Phone: James on 07812822471

### **Circus Pearls Trapeze, aerial silks and**

**rope classes for 7s and over.** Classes between 3.45pm to 6.15pm Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

## Tuesday

### **Adult Ballet Classes No previous**

**knowledge of ballet needed.** A small friendly class designed for all ages and abilities. £8 per class, term only. 09.30am Main Hall. For more info & to book contact Claire Lyons AISTD on 07773 194040 or [claire.lyons@sky.com](mailto:claire.lyons@sky.com)

### **Medieval Sword fighting**

"Princes and Lords learn to survive with this art, in earnest and in play. But if you are fearful, then you should not learn to fence. Because a despondent heart will always be defeated, regardless of all skill." Sigmund Ringeck 1389. Come and practice medieval sword fighting. Tuesdays from 7pm-8.30pm. Small Hall. Contact Neal at [nealmatheson2@gmail.com](mailto:nealmatheson2@gmail.com) for more information and to book.

## Wednesday

### **Pilates with Hannah Ellicock**

Registered Osteopath. A Pilates class to help you strengthen, tone and refine your core with an emphasis on precision and control. 9.15am to 10.15am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

### **Toy Library Loads of toys to choose from for**

**play & for hire!** Stay and play or just pop in and borrow. Refreshments provided. 9.30am to 11.30am Small Hall. £5 for a year membership. Playgroup £2 drop in per family. For more info contact the All Saints Centre directly.

### **Turning Pointe School of Dance**

**Ballet & Tap for ages 3 to adult.** 3.30pm to 7.15pm Both Halls. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

### **BAM BAM Dance Fitness**

**A high energy mixed ability dance fitness class.**

7.45-8.45pm Wednesdays, Main Hall. Taking inspiration from Afro-Caribbean dance styles and beat driven music, such as Dancehall, Afro-beat, Reggaeton, UK Garage and Dub/ Reggae. The class will consist of simple choreographed routines, aimed to improve cardio fitness, flexibility, muscle strength, and most importantly raise levels of happy hormones!

£6 class entry, first session free. Drop ins welcome or to book or get more info email Hayley at [bambandancefitness@gmail.com](mailto:bambandancefitness@gmail.com)

## Thursday

**Pilates with Hannah Ellicock** Registered Osteopath. 9.30am to 10.30am Main Hall. £10 per class. Payable half termly. For more info call Hannah on 07830190503 or [www.lewesfamilyosteopath.co.uk](http://www.lewesfamilyosteopath.co.uk)

### Turning Pointe School of Dance

**Ballet & Tap for ages 3 to adult.** 1.15pm to 3.15pm Small Hall. Contact Julia Canneaux for details times and prices [www.turningpointedanceschool.co.uk](http://www.turningpointedanceschool.co.uk)

### Iyengar Yoga with Sallie Adults, all levels.

1.30pm to 3pm. Main Hall. £10 per class drop in or reduced rates for block booking. For more information or to book your place please email [sallie.sullivan8@btinternet.com](mailto:sallie.sullivan8@btinternet.com)

### Windmill Young Actors Lewes

A one-hour drama workshop for infant actors aged 5 to 7 years. Our young actors learn drama skills as part of a team in a nurturing and inspiring environment with the guidance of experienced teachers who are also industry professionals. 3.45pm to 6.15pm. Main Hall. First session is a FREE trial. For more information contact Denise on 07961986245 or [lewes@windmillyoungactors.com](mailto:lewes@windmillyoungactors.com) [www.windmillyoungactors.com](http://www.windmillyoungactors.com)

### Circus Pearls Trapeze, aerial silks and rope

**classes for 7s and over.** Classes between 3.45pm to 6.30pm. Small Hall. All our teachers are CRB checked & insured. For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

### Lewes Glynde Beddingham

**Brass** Full band 8pm to 10pm. Experienced players welcome along. More details email Jane Stewart on [secretary@lgbbrass.co.uk](mailto:secretary@lgbbrass.co.uk)

## Friday

**PlayGroup Informal drop-in for parents & tots for play and for conversation!** Lots of toys, activities & refreshments. 10am to 11.30am. Main Hall. £2 per family. Email: [allsaintsplaygroup@lewes@gmail.com](mailto:allsaintsplaygroup@lewes@gmail.com)

**Circus Pearls Aerial lessons on trapeze, rope & silks!** All levels. Great for fitness & fun! Different classes from 3.45pm to 6.15pm. Small Hall For more information [circuspearls@gmail.com](mailto:circuspearls@gmail.com)

## ONE OFF EVENTS

### The Life & Times of Edgar

**Allan Poe** Join tour guide & actor Nick Richmond for a trip through the fevered imagination of the master of gothic horror and hear the story of his short but fascinating life. An evening of gothic horror and evocative poetry.

Tuesday 5<sup>th</sup> 7.30pm Tickets £7

To book please visit Guided tours in London & Sussex on Facebook

**Lewes Film Club** A community group run by film enthusiasts bringing art-house, classic, and foreign films to Lewes.

Members only due to covid measures in place £100 for one year membership (incl. 35 films).

**In the heat of the Night** Friday 8<sup>th</sup> 8pm R15

**Moonlight** Tuesday 12<sup>th</sup> 8pm R15

**Green Book** Friday 22<sup>nd</sup> 8pm R12A

**Arrival** Sunday 24<sup>th</sup> 4pm R12A

**The Candidate (El Reino)** Sunday 24<sup>th</sup> 8pm R15

**The Australian Dream** Tuesday 26<sup>th</sup> 8pm R15

For more info contact 07809235578 or visit

[www.lewes-filmclub.com](http://www.lewes-filmclub.com)

### Arthur Miller's Two Way

**Mirror** A fast-paced, witty, darkly charming double-bill of rarely-seen short plays by the iconic Arthur Miller.

A shopkeeper helps a man select a gift for a dying friend, only for them both to discover something new about the world, about love and companionship. A hard-bitten private investigator seeks to expose a miscarriage of justice, but the truth lies in the mind of a troubled old flame of his with multiple personalities.

Join Nigel Barber (Ziegfeld in the West End tour of 'Funny Girl' with Sheridan Smith; original West End cast of 'The Bodyguard; 'Mission:Impossible - Rogue Nation') and Eleanor Stourton ('Doubt'; 'Cold Stream Critical Threat', 'King Lear' - Sussex tour; 'Macbeth' - Bexhill Manor Gardens) as they whisk you through this taut slice of classic Americana and celebrate the return of live theatre to the south-east.

Ticket Price £15 (plus booking fee)

Date Saturday 9<sup>th</sup> of October Time 7:30 pm

Link to tickets: <https://www.darkunicorn.org/two-way-mirror/>

### Unsung Heroes Cello

**ensemble** 1 day workshop with Catherine Black Rich heartfelt music by John Wilbye. Explore the musical and technical issues & complete the days work with a performance. Includes drinks & information packs. Saturday 23<sup>rd</sup> 10am-3.30pm Main Hall. Contact [www.cellocourses.com](http://www.cellocourses.com) to book your space.

### Not Another lullaby

Baby disco for little ones and their grownups!

Wednesday 27<sup>th</sup> 1-2pm Halloween special

Main hall

£3 suggested donation with all profits going to The Trevor Mann Baby Unit.

For more info & to book your ticket please make contact via Facebook and Instagram @NotAnotherBabyDisco

### Wild Things

A magnificent showcase medley of theatrical mayhem on the theme of wildness, rebellion, difference and oddness presented by Windmill Young Actors Lewes. In these digital times there is tremendous pressure on the young to be the same as others, to be 'normal'. In this showcase performance, we invite you to celebrate with us how important it is to dare to be different, brave and creative whilst highlighting all of the different skills inside our ensemble of actors. Initially inspired by themes in Maurice Sendak's 'Where the Wild Things Are' the Windmill Young Actors aged 5 to 16 have devised, explored and exploded from the page these scenes, monologues and physical pieces for the entertainment of family, friends and anyone else who might like to join us.

Infant Actors show starts 6pm.

Interval 6.45 to 7pm.

Junior and Senior Actors start 7pm.

Doors open 5.45pm.

Show ends estimate 8.30pm

Ticket prices £10 full, £6 concs/ under 12s/ Infant show only. No age restrictions necessary. Contact Denise Evans for more information on 07961 986245 or

[lewes@windmillyoungactors.com](mailto:lewes@windmillyoungactors.com)