



The All Saints
Community, Arts and Youth Centre

What's On November 2022

To get our monthly guide to what is taking place at the All Saints please e-mail us on the address below.

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. For tickets and more information please see individual listings. The Centre is open seven days a week, but hours vary with the programme of events. Please call to arrange a time if you wish to view the space.

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
t:01273 486391
e:asclewes@lewes-tc.gov.uk
w: lewes-tc.gov.uk

Monday

Pilates with Hannah Ellicock

9.30 to 10.30 Main Hall Registered Osteopath. £10 per class. Help strengthen, tone and refine your core with an emphasis on precision and control. Payable half termly. t:07830190503
e:hannahellicock@gmail.com

Bounceback 14.00 to 15.00 Main Hall

with Penny We offer Phase four cardiac rehabilitation classes for those with any heart condition. Please visit bbfit.co.uk for more information or
e:bouncebackcardiacrehab@gmail.com

Circus Pearls 15.45 to 18.15 Small Hall

Trapeze, aerial silks and rope classes for seven years and over. All our teachers are CRB checked & insured. For more information e:circuspearls@gmail.com

Dancing in the dark 20.00 to 21.00 Main Hall.

Lights out, Boogie on! Mixed music, house, hip hop, funk, soul, reggae, break beat, drum and bass, pop. Aged 18+ Hosted by Rick. £4 on the door.

Tuesday

Creative Movement 10.00 to 11.00 Main Hall

Expressive body, mind and movement class. Experience the joy of movement and peace in stillness. £80/8 weeks. For details contact Lauren t:07791339045
e: laurenreddance@gmail.com

Bam Bam Dance Fitness 12.15 to 13.00 Main Hall

A high energy mixed ability dance fitness class. Taking inspiration from Afro-Caribbean dance styles and beat driven music. £7 drop in. For more information contact Hayley w:Bookwhen.com/bambamdancefitness

Yoga for the over 50's Midday to 13.15 Small Hall

You will be introduced to postures, breath work, sound and short meditative practices, working towards releasing tensions and stress, improving flexibility and building up stamina.
w:yogapracticeforeverydayliving.co.uk/

Medieval Sword fighting 19.00 to 20.30 Small Hall

The lessons of leading 15th-century fencing master Sigmund Ringeck are reawakened. Contact Neal for more information
e:nealmatheson2@gmail.com

Wednesday

Toy Library 9.30 to 11.30 Small Hall.

We are actively and urgently seeking volunteers to run this popular and longstanding group. Please contact e: asclewes@lewes-tc.gov.uk or t:01273 486391 for more information. Return date to be advised, please call first.

Pilates with Hannah Ellicock

9.30 to 10.30 Main Hall

See Monday listing for details
t:07830190503
e:hannahellicock@gmail.com

Turning Pointe School of

Dance 15.30 to 19.15 Both Halls Ballet and Tap for ages three to adult. For details times and prices please visit
e:turningpointedanceschool.co.uk

Thursday

Pilates with Hannah Ellicock 9.30 to 10.30 Main Hall. See Monday listing for details t:07830190503
e:hannahellicock@gmail.com

Iyengar Yoga 13.30 to 15.00 Main Hall with Sallie. Adults, all levels. £10 per class drop in or reduced rates for block booking. For more information or to book your place
e:sallie.sullivan8@btinternet.com

Windmill Young Actors Lewes 15.45 to 18.15 Main Hall A one-hour drama workshop for infant actors aged five to seven years. First session is a free trial. For more information contact Denise t:07961986245
e:lewes@windmillyoungactors.com

Circus Pearls Classes between 15.45 to 18.30 Small Hall Trapeze, aerial silks and rope classes for seven years and over. All our teachers are CRB checked & insured. For more information
e:circuspearls@gmail.com

Brass sparks 19.00 to 20.00 Small Hall. For young people aged seven to 18 who would like to learn to play a brass instrument or develop their existing playing. For more information
e:brasssparks@lqbbrass.co.uk

Lewes Glynde Beddingham

Brass 20.00 to 22.00 Main Hall Full band Experienced players welcome along. More details email Jane Stewart
e:secretary@lqbbrass.co.uk

Friday

Playgroup 10.00 to 11.30 Main Hall Informal drop-in for parents and tots for play and for conversation. Lots of toys, activities & refreshments. £3 per family. For more information
e:allsaintsplaygrouplewes@gmail.com

Circus Pearls 15.45 to 18.15 Small Hall Aerial lessons on trapeze, rope & silks! All levels. Great for fitness & fun! For more information e:circuspearls@gmail.com

One off events

Friday 4 November
Lewes Film Club
Quo Vadis, Aida (15) 20.00 to 21.41
For tickets and more information
w: lewes-filmclub.com/programme/

Tuesday 15 November
Lewes Film Club
Flee (15) 20.00 to 21.29
For tickets and more information
w: lewes-filmclub.com/programme

Friday 18 November
Lewes Film Club showing
Happening (15) 20.00 to 21.40
For tickets and more information
w: lewes-filmclub.com/programme

Tuesday 22 November
Lewes Literary Society
presents Hannah Berry doors open 19.30 starts at 20.00. A comics creator, cartoonist, writer, illustrator and author of three award-winning graphic novels gives a talk. For information and tickets
w: lewesliterarysociety.co.uk

Saturday 26 November
Trunk Theatre Main Hall.14.00.
A children's play about The Gunpowder Plot performed out of a trunk. Suitable for children aged four to eight.
w: trunktheatre.com/bookings