



The All Saints
Community, Arts and Youth Centre

What's On July 2023

The All Saints Centre cannot take responsibility for any programme changes. All events are the responsibility of the individual organisers. Some clubs and classes do not run during school holidays. Please contact organisers directly to check. For tickets and more information please see individual listings.

We are open seven days a week and hours vary. Please get in touch to arrange a time to view the space or to receive our monthly guide to what is happening at the All Saints

The All Saints Centre
Friars Walk, Lewes,
East Sussex, BN7 2LE
t:01273 486391
e:allsaintscentre@lewes-tc.gov.uk
w: lewes-tc.gov.uk
fb: LewesCommunityVenues

Monday

Bounceback with Penny

15.00 to 16.00 Main Hall We offer Phase four cardiac rehabilitation classes for those with any heart condition.

e: bouncebackcardiacrehab@gmail.com

Dancing in the dark

20.00 to 21.00 Main Hall Lights out, Boogie on! Adults. Mixed music, house, hip hop, funk, soul, reggae, break beat, drum and bass, pop. Hosted by Rick. £4 on the door or w:eventbrite.co.uk/e/dancing-in-the-dark-tickets

Tuesday

Creative Movement

10.00 to 11.00 Main Hall Expressive body, mind and movement class £80 for eight weeks. Contact Lauren t: 07791339045 e: laurenreddance@gmail.com

Bam Bam Dance Fitness

12.15 to 13.15 Small Hall A high energy mixed ability dance fitness class with Hayley. £7 drop in.
w: bookwhen.com/bambamdancefitness

Wednesday

Toy Library 9.30 to 11.30 Small Hall

FREE playgroup with refreshments and snacks. To borrow toys, membership is £5 annually. Tons of toys to play with, and lots of fun to be had! Termtimes only.
w: facebook.com/thelewestoylibrary

Turning Pointe School of

Dance 16.00 to 21.15 Both Halls Ballet and Tap for ages three to adult. For details w: turningpointedanceschool.co.uk

Thursday

For Love For Free 11.00 to 12.00

Main Hall Expressive dance sessions with Molly. Improvisation and movement to the rhythm of music. t: 07899849945 or e: mollyellenwalker@gmail.com

Iyengar Yoga 13.15 to 14.45 Main

Hall with Sallie. Adults, all levels. £10 per class or reduced rates for block booking. Last session will be 13 July
e: sallie.sullivan8@btinternet.com

Windmill Young Actors Lewes

15.45 to 16.45 Infant 16.45 to 18.15 Junior Actors **Main Hall** A one-hour drama workshop. First session is a free trial. Contact Denise t: 07961986245 e: lewes@windmillyoungactors.com

Brass Sparks 19.00 to 20.00 Small

Hall. For young people aged seven to 18 who would like to learn to play a brass instrument or develop their existing playing.
e: brasssparks@lgbbrass.co.uk

Lewes Glynde and Beddingham Brass

20.00 to 22.00 Main Hall Full Band. Experienced players welcome along. Jane Stewart e: secretary@lgbbrass.co.uk

Friday

Playgroup 10.00 to 11.30 Main Hall

Informal drop-in for parents and tots for play and for conversation. Lots of toys, activities and refreshments. £3 per family. e: allsaintsplaygrouplewes@gmail.com

One off events

Friday 14 July 20.00

Lewes Music Group presents Come Together: A Celebration of The Beatles 2023 marks sixty years since The Beatles released their debut album Please Please Me. In this authentic, fan-led tribute to Lennon, McCartney, Harrison and Starr, expect to hear the hits, the B-sides and the album tracks from across the group's whole career brought to life by a band of sixteen musicians. Tickets £8 - £12 w: lewesmusicgroup.com

Sunday 16 July 16.00

Lewes Live Literature presents Mi Andalucia Following their electrifying performances in Lewes during 2021 and 2022, we're happy to invite **Tormenta Flamenca** (Flamenco Storm) back to Lewes. In this new show, they offer a tender tribute to the music and dance of the Flamenco heartland that is Andalucía. Tickets £14 in advance or £17 on the door. w: leweslivelit.co.uk

Sunday 23 July 13.30 to 16.30

The Good Vibe Vocal

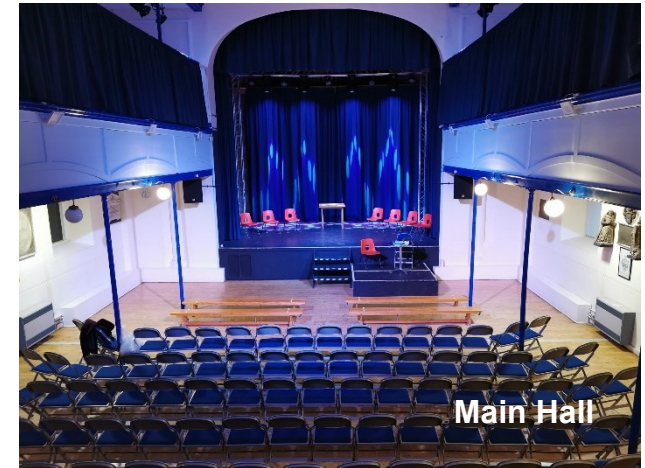
Workshop Main Hall. Want to improve your vocal technique and confidence? You will learn how to connect with your diaphragm, improve your breathing, expand your vocal range, sing with more power and expression, avoid vocal strain and fatigue. All vocal abilities welcome. Booking required. £30.00. e: thegoodvibechoir@gmail.com w: thegoodvibechoir.com

Do you run a local cleaning business? Are you looking for new clients and additional work?

Lewes Town Council is looking for a local provider of professional cleaning services to help us keep All Saints Centre and Malling Community Centre clean and tidy for our hirers.

This would be on a contracted basis and involve cleaning both venues to a professional standard throughout each week on an agreed schedule. Our preference is to find a reliable, local and value-for-money contractor that understands the needs of our venues and can be flexible, responsive and friendly.

To find out more about this opportunity, please download the "Invitation to Quote" pack and contact lizzie@lewes-tc.gov.uk for more information.



Why not book your event, production or party with us?

Please contact one of our team.
t: 01273 486391
e: allsaintscentre@lewes-tc.gov.uk
w: lewes-tc.gov.uk