

# WHAT'S ON AT MALLING CC?

## REGULAR GROUPS

### MONDAY

**Main Hall:**

**Core Pilates**

10:00 All; 11:15 Over 60

07426 891222

core34pilates@gmail.com

**Beavers and Cub Scouts**

Sessions from 16:45 to 20:00

bradsar12@icloud.com

07591993051 4thlewes.org.uk

**Small Hall:**

**Yellow Brick Lab**

9:45 to 11:15

george@yellowbricklab.co.uk

**Over 60s Monday Club**

12:30 to 14:30 01273 474024

**Diverse Dance**

19:00 to 20:30

07986 810233

ayse@diversedanceworks.com

### TUESDAY

**Main Hall:**

**SLH Dance Academy**

9:30 to 10:30

slhdanceacademy@hotmail.com

Term time only.

**Pilates & Intelligent Movement**

11:00 to 12:00

With Fiona Whitfield.

fiona@thelifereboot.co.uk

**SLH Dance Academy**

16:00 to 19:30 Main and Small

Hall (see above for details)

**Small Hall:**

**Adult Ballet Classes**

10:00 to 11:00

With Claire Lyons AISTD.

07773 194040 claire.lyons@sky.com

### WEDNESDAY

**Main Hall:**

**Zumba**

9:15 to 10:15

With Gemma Coe

gemcoe@hotmail.co.uk

**Dog Training Sessions**

19:00 to 20:00 and

20:00 to 21:00

Pre-booking necessary.

01273 686931

lewesdts@btinternet.com

**Small Hall:**

**Breathe Pilates**

17:15 to 18:15

Mindful Movement with Marina

Winsor.

07429 979027

breathepilates.marina@gmail.com

### THURSDAY

**Main Hall:**

**Breatheasy**

Sessions between 9:30 and

16:30

07949 811599

breatheasyeastbourne@gmail.com

**Black Powder Morris**

19:00 to 21:00

blackpowdermorris.uk

**Small Hall:**

**Lewes Drama Collective**

18:30 to 20:15

dramacollective.com

lewesdramacollective@gmail.com

Term time only.

**Joyful Jamboree Choir**

17:15 to 18:15

For children aged 7+

musiclessonslewes.com

### FRIDAY

**Main Hall:**

**Zumba**

9:30 to 10:30

See Wednesday listing for details.

**Pilates and Mindful Movement**

11:00 to 12:00

See Tuesday listing for details.

**Malling Short Mat Bowls**

13:30 to 15:30

A small friendly club established in

1998, warmly welcoming new

members.

01273 475566

**Small Hall:**

**Malling Munchkins**

10:00 to 11:30

Play sessions for children 0-5

years with parents/carers run by

Lewes Family Hub.

### WEEKEND

Saturday

**Main Hall:**

**SLH Dance Academy**

(Sessions from) 9:00 to 12:25

See Tuesday listing for details.

**Malling Rec parkrun**

9:00 to 10:00

Free 5K run

Sunday

**Main Hall:**

**Bridgeview Judo**

17:30 to 20:45

Training for those aged 8+

lewesjudo@gmail.com

**Small Hall:**

**Christ Victory Life Chapel**

11:00 to 13:00

cvlcuk.org info@cvlcuk.org

07901026462