

WHAT'S ON AT ALL SAINTS?

REGULAR GROUPS

MONDAY

Main Hall:

Pilates w/ Hannah Ellicock

9:30 to 10:30

Registered Osteopath. Help strengthen, tone, and refine your core.

07830190503

hannahellicock@gmail.com

Term time only. £12 per class.

Bounceback

15:00 to 16:00

We offer phase four cardiac rehabilitation classes for those with any heart condition.

bouncebackcardiacrehab@gmail.com

[@gmail.com](mailto:bouncebackcardiacrehab@gmail.com)

Turning Pointe Dance

15:00 to 19:15

RAD vocational Ballet and Pointe Work classes.

turningpointedanceschool.co.uk

Term time only.

Dancing in the Dark

20:00 to 21:00

Lights out, Boogie on! Adults.

Mixed music.

£7 on the door or eventbrite.co.uk

Small Hall:

Toy Library

9:30 to 11:30

FREE playgroup with refreshments and snacks, borrow toys!

facebook.com/thelewestoylibrary

Term time only.

Turning Pointe Dance

15:45 to 20:00

Creative Dance (ages 3 to 5)

and tap classes including

Beginners Tap

TUESDAY

Main Hall:

Creative Movement

10:00 to 11:00

Expressive body, mind and movement class. £80 for eight weeks. 07791339045

laurenreddance@gmail.com

laurenreddance@gmail.com

Small Hall:

Vajrasati Yoga with Dave

17.30 to 18.30

Yoga for all abilities, emphasis on playful exploration and

compassion [doyogadave](https://doyogadave.com)

doyogadave@gmail.com 07905 438195

WEDNESDAY

Main Hall:

Pilates w/ Hannah Ellicock

9:30 to 10:30

See Monday listing.

Turning Pointe Dance

16:30 to 19:00

RAD Ballet classes, Teenage Beginner Ballet and a Stretch and Strengthening Flexibility class for dancers.

Small Hall:

Turning Pointe Dance

16:30 to 20:45

ISTD graded Tap classes for children and adults.

turningpointdanceschool.co.uk

THURSDAY

Main Hall:

Pilates w/ Hannah Ellicock

9:30 to 10:30

See Monday's listing

Third Space Youth Theatre

5 to 8s - 15:45 to 16:45

9 to 12s - 17:00 to 18:30

info@thirdspacetheatre.co.uk

thirdspacetheatre.co.uk

Term time only.

Lewes, Glynde and

Beddingham Brass

20:00 to 22:00

Full Band. Experienced players welcome along.

secretary@lgbbbrass.co.uk

Term time only.

Small Hall:

Quiet Writing

12:00 to 13:45

Mindful Writing & Poetry Group, with an emphasis on nature and celebrating the senses. No writing experience needed.

Drop-in £5. Second and fourth

Thursday every month.

Woodcraft Folk

16.15 to 18:00

An eco focused youth movement for children and young people aged 6-16yrs. We help young people to understand important issues about the world.

lewesdistrict@woodcraft.org.uk

Brass Sparks

19:00 to 20:00

For young people aged seven to 18 who would like to learn to play a brass instrument or develop their existing playing.

brasssparks@lgbbbrass.co.uk

Term time only.

FRIDAY

Main Hall:

Playgroup

10:00 to 11:30

Informal drop-in for parents and tots for play and for conversation. Lots of toys, activities and refreshments.

allsaintsplaygrouplewes@gmail.com

[@gmail.com](mailto:allsaintsplaygrouplewes@gmail.com)

£3 per family. Term time only.

SEPTEMBER EVENTS

ALL SAINTS CENTRE

LEWES CREATIVES

Saturday 14 and Sunday 15 September, 11am to 5pm

Celebrate Lewes Creatives' fifth birthday! Stalls include a range of aromatherapy, jewellery, prints, textiles, photography, artworks and ceramics. Seven Sisters' Spices cafe, and a free glass of celebratory fizz between 11 and 12 on Sunday!



BOLLYWOOD DANCE WORKSHOP

Sunday 15 September, 12pm to 1pm

Join Safia to learn beautiful dance moves and discover a little about India's amazing film industry. The theme is joyful movement and lighthearted fun, with a few yoga stretches added to the mix. **£10, booking essential via safiahelen@gmail.com**



LEWES FILM CLUB

Friday 20 September 20:00

American Fiction Cord Jefferson (2023) - Rated 15. Run time 117 mins.

lewes-filmclub.com/programme/american-fiction

Become a member for £100 for the 2023 to 2024 season or pay £7 on the door.



MUSICIANS OF ALL SAINTS

Saturday 21 September 19:00 for 19:30 start

Orchestra concert. Come along at 7pm to meet the composer and learn about the music we are playing, which will be conducted by Maria Copley, and feature works by Handel, Mendelssohn, Geoffrey Alvarez and Peter Owen. **Tickets £18**



LEWES FILM CLUB

Tuesday 24 September 20:00

The Death of Mr. Lazarescu Cristi Puiu (2005) - Rated 15. Run time 153 mins.

lewes-filmclub.com/programme/the-death-of-mr-lazarescu-classic/

Become a member for £100 for the 2023 to 2024 season or pay £7 on the door.

